

WAG CLASSIC CHALLENGE CHAMPIONSHIPS 2022

COPPER – 9+ Years (County / Regional Competition only)

<p>Uncoded = 0.10 A = 0.10 B = 0.20 C = 0.30</p> <p>Moves of higher value are not permitted</p>	<p>Elements will be given Difficulty Value according to Rules & Regulations FIG Cycle 15 Code of Points [2022]</p> <p>Rules and Regulations are as FIG Cycle 15 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied.</p> <p>BARS/BEAM/FLOOR – 6 highest elements including dismount</p> <p>BEAM/FLOOR – 2 acrobatic + 2 dance + 2 optional FLOOR - 1 acro line only required</p> <p>BARS/BEAM/FLOOR The dismount must be included in the counting elements</p> <p>Elements higher than a C are not allowed and no Difficulty Value, CR or bonus will be given if they are performed.</p> <p>Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise</p> <p>Same element can only count once EXCEPT on Bars where an FIG Coded element may be repeated once for Difficulty Value</p> <p>IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution.</p>			
Short Exercises	<p>On Beam & Floor, an exercise with less than 6 elements will be deducted 1.00 for each missing element.</p> <p>On Bars, an exercise with less than 5 elements will be deducted 1.00 for each missing element.</p>			
	Vault	Bars	Beam	Floor
Apparatus	FIG Vault table with: A jersey style mat (depth 10cm) is allowed in addition to the standard 30cm with no deductions, and landing mats turned soft side uppermost when possible.	FIG Bars Regulations with: A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view. 1.00 penalty for not using both bars.	A FIG Beam Regulations with: A jersey style mat (depth 10cm) is allowed for dismounts (optional).	FIG Floor Regulations except acro lines where an acro line will be considered to be 2 x directly connected flighted elements no salto required. A routine with only 1 acro line will not incur dismount deductions.
Requirements	<p>Any vault without a salto from the new vault table</p> <p>Height of vault 105, 110, 115, 120 or 125cm 1 x springboard</p> <p>Execution deductions of 0.1, 0.3, 0.5 & 0.8 for height will apply</p>	<p>A Gymnast should fulfil 4 of the 6 CR's (Maximum awarded 2.0):</p> <ul style="list-style-type: none"> FIG coded mount on LB Close bar circle element (back hip circle allowed) Any bar change LB to HB Cast to within 45° handstand A different close bar element A giant circle in any direction <p>A/B/C elements only allowed D or move – no DV</p> <p>Maximum D Score 3.00</p>	<p>A Gymnast should fulfill 5 of the 6 CR's (Maximum awarded 2.50):</p> <ul style="list-style-type: none"> ½ spin ½ turn or 1/1 spin Connection 2 different dance elements (no split required) Leap or jump with 180° split (cross or side) or straddle 1 x acrobatic series with 2 elements [minimum] Non flighted OK Mixed Series (Minimum 2 element – no flight required on acro element) 'A' valued salto dismount <p>A/B/C elements only allowed D or move – no DV</p> <p>Maximum D Score 3.50</p>	<p>A Gymnast should fulfill 5 of the 6 CR's (Maximum awarded 2.50):</p> <ul style="list-style-type: none"> Acro line with a backward salto Forward salto (in or out of an acro line) A dance passage of 2 different leaps / hops - 1 with 160° split (cross or side) or straddle Additional leap, hop or jump 360° spin Mixed series minimum 2 directly connected elements <p>A/B/C elements only allowed D or move – no DV</p> <p>Maximum D Score 3.50</p>
Uncoded (U) Permitted Elements (receive 0.1 DV)		<p>Squat onto low bar (There will be no penalty for performing a jump from LB to HB)</p> <p>¾ Giant from LB to HB</p> <p>Straddle or pike on undershoot dismount</p> <p>Chin up circle over mount</p> <p>Cast to within 45° handstand</p>	<p>Tuck jump</p> <p>Stretched or arched jump & Stretched jump ½</p> <p>Changement</p> <p>Stag leap & Stag jump</p> <p>Forward roll</p> <p>Backward roll</p> <p>½ spin on one foot</p> <p>Cartwheel rebounding straight jump dismount</p>	<p>Backward walkover</p> <p>Forward walkover</p> <p>Tic-toc</p> <p>Handstand forward roll</p> <p>Backward roll to front support and / or handstand</p> <p>Scissor kick</p> <p>Cartwheel</p>
Notes	Best score of 2 performed vaults. (No deduction if only 1 vault performed)	The sole circle (5.108) may be performed with bent legs without incurring execution penalty)	Any mount may be used Coaches are encouraged to be present for dismounts	
GBR Bonus (in addition to FIG)		<p>0.3 – 2 x upstarts</p> <p>0.3 – Close bar Value B or C</p> <p>0.1 – Stuck dismount</p>	0.2 – Acro series with minimum 1 flighted element	<p>0.1 – Straight salto forwards or backwards</p> <p>0.2 – A routine with 2 FIG Acro lines</p> <p>0.2 – An acro line with a ½ twist</p>

Additional Clarifications for Copper Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

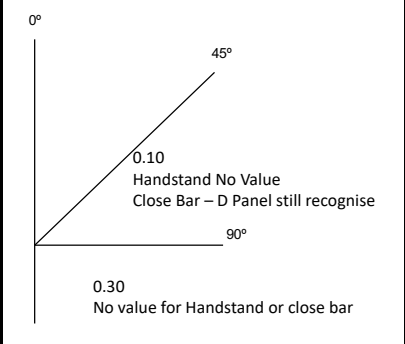
Maximum D score includes any bonus awarded.

Vault:

- 2 different vaults may be performed
- Additional modified 4 & 5 coil springboards will be available

Bars:

- Deductions as per FIG unless stated otherwise
- 5 elements only are required
- A routine with less than 5 elements will be deducted 1.00 for each missing element
- The coach is encouraged to stand between the bars and be present for the transition between the bars without deduction.
- An additional 20cm mat can be placed underneath through-out the bars without deduction.
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.

	Handstand / Close Bar (0°) to 45°	No deduction
	>45° to 90°	0.10 deduction
	Handstand Close Bar	No value (D panel) D Panel still give value
	Below 90°	0.30 deduction No value (D panel) for either move

Beam:

- 6 elements only are required - 1.00 penalty for each missing element
- Forward and backward rolls can be used as DV, CR & bonus unless the backward roll goes over one shoulder and therefore will not class as a backwards element at this level and not receive no value, CR or bonus.
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).

Floor:

- 6 elements only are required - 1.00 penalty for each missing element
- An acro element may be repeated without DV for purposes of fulfilling a mixed series
- A routine with only 1 acro line will not incur dismount deductions.
- A routine with no acro lines will incur a 1.00 penalty.